



Меѓународен Универзитет Визион - International Vision University
 Universiteti Ndërkombëtar Vizion - Uluslararası Vizyon Üniversitesi

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SYLLABUS

COURSE NAME	COURSE CODE	SEMESTER	COURSE LOAD	ECTS
PSYCHOLOGICAL COUNSELING AND PSYCHOTHERAPY	PSY4006	VIII	150	5

Prerequisite(s)	None
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Course Language	Macedonian, Turkish, English
Course Type	Required
Course Level	First Cycle
Course Lecturer	
Course Assistants	
Classroom	
Extra-Curricular Office Hours and Location	Meeting: Consultancy:

Course Objectives	The acquisition of basic concepts related to psychological counseling and students to gain awareness of the situation will be able to get to work on guidelines. This course will be introduced in line with the historical development of theories and paradigms that shape the field of counseling, and will be discussed on application methods. to discuss various theories of psychotherapy, psychopathology and perspectives on applications specific to this theory.
Course Contents	The etiology of psychotic disorders and mood disorders, especially of the course content, symptomatology, a cognitive and dynamic approach in the treatment of behavioral therapy. Anxiety disorders, personality disorders, eating disorders and sexual dysfunction etiology, symptomatology and a dynamic and cognitive-behavioral therapy approach to treatment.

WEEKLY SUBJECTS AND RELATED PREPARATION STUDIES

Week	Subjects	Related Preparation
1	Development Advisors self-care and counseling skills	Related Chapters of Course Sources
2	And consult on the establishment of the first communication, assessment of the problem	Related Chapters of Course Sources
3	The aim of creating psychological counseling, identification and intervention strategies for choice	Related Chapters of Course Sources
4	Interventions related to emotions, cognitive interventions	Related Chapters of Course Sources
5	Behavioral interventions, systemic interventions	Related Chapters of Course Sources
6	Open questions, Re-expression	Related Chapters of Course Sources
7	Mid-term Exam	Related Chapters of Course Sources
8	Discussion and Objectives Introduction to Psychotherapy	Related Chapters of Course Sources
9	Psychotherapist Basics of ethical principles and rules	Related Chapters of Course Sources
10	Psychoanalysis and psychoanalytic therapy	Related Chapters of Course Sources
11	Nonanalytic approaches Adler therapy: individual psychology, person-centered therapy	Related Chapters of Course Sources
12	Existential therapy, Gestalt therapy	Related Chapters of Course Sources
13	Rational emotive behavior therapy, behavioral therapy	Related Chapters of Course Sources
14	Cognitive behavioral therapy, interpersonal psychotherapy	Related Chapters of Course Sources
15	Exam	All Chapters of Course Sources

ECTS / WORKLOAD TABLE

Presentation / Seminar			
Hours for off-the-classroom study (Pre-study, practice)	14	3	42
Midterm Exam	1	12	12
Exam	1	14	14
Total Work Load			
ECTS		6	

GENERAL PRINCIPLE RELATED WITH COURSE

Dear students,

In order to be included, learn and achieve full success that you deserve in the courses you need to come well prepared by reading the basic and secondary textbooks. We are expecting from you carefully to obey to the course hours, not to interrupt the lessons unless is very indispensable, to be an active participant on the courses, easily to communicate with the other professor and classmates, and to be interactive by participating to the class discussions. In case of unethical behavior both in courses or on exams, will be acting in framework of the relevant regulations. The attendance of the students will be checked in the beginning, in the middle or at the end of the lessons. Throughout the semester the students who attend to all lectures will be given 15 activity-attendance points in addition to their exam grades.

LITERATURE

COMPULSORY LITERATURE				
No	Author's Name	Name of the book	Publishing House	Publication Year
1	Enver Sari	Psikolojik Danışmanlık ve Psikoterapi	Vize Yayıncılık	2016
2	Милош Бирпо Вили Бутоло	Клиничка Психологија	Футура Публикације, Нови Сад	2003
3	Tahir Özakkaş	Bütüncül Psikoterapi	Litera	2008

ADDITIONAL LITERATURE				
No	Author's Name	Name of the book	Publishing House	Publication Year
1	Gerald Corey	Teorija I Praksa Psihološkog Savjetovanja I Psihoterapije	Naklada Slap, Zagreb	2004
2	Raymond J. Corsini, Danny Wedding	Modern Psikoterapiler	Kaknüs Yayınları	2009
3				

EVALUATION SYSTEM

Underlying the Assessment Studies	NUMBER	PERCENTAGE OF GRADE
Attendance/Participation	15	%20
Project / Event	1	%10
Mid-Term Exam	1	%35
Exam	1	%35
TOTAL	17	%100

ETHICAL CODE OF THE UNIVERSITY

In case of the students are cheating or attempt to cheat on exams, and in the case of not to reference the sources used in seminar studies, assignments, projects and presentations, in accordance to the legislations of the Ministry of Education and Science of Republic of Macedonia and International Vision University, will be applied the relevant disciplinary rules. International Vision University students are expected never to attempt to this kind of behavior.